



PATIENT INFORMATION

Last Name _____ First Name _____ M.I. _____

D.O.B. _____ Age _____ Gender M F

Address _____

City _____ State _____ Zip _____

Email _____

Home Phone _____ Mobile Phone _____

How did you hear about us? _____

Have you had cosmetic injections in the past? Yes No

If so, what type? _____

Employer _____ Work Phone _____

Spouse Name _____ Spouse Phone _____

Person to contact in case of emergency _____

Work Phone _____ Mobile Phone _____

Other Medical Problems _____

Previous Surgery _____

Medications Currently Taking: _____

Are you allergic to any medication? If so, what? _____

AESTHETIC ART

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POST-TREATMENT INSTRUCTIONS AND “AS YOU HEAL” INFORMATION

BOTULINUM TOXIN (BOTOX) AND DYSPORT INJECTIONS

- **DOWNTIME:** This is generally minimal to none. A small amount of swelling may occur at the site for 1-3 days.
- **BRUISING:** If bruising occurs, it will typically resolve within 7-10 days
- **MAKE-UP:** Can be applied immediately after treatment
- **ALLERGIC REACTIONS:** Patients allergic to eggs should not receive Botox; Patients allergic to cow's milk should not receive Dysport
- **EXERCISE:** Do not exercise for 24 hours after treatment.
- **MASSAGE:** Do not massage the treated area for 1 week.
- **ICE PACKS:** May be applied for the first 24 hours to decrease swelling.

DERMAL FILLERS AND SCULPTRA AESTHETIC

- **DOWNTIME:** Is typically minimal. We recommend that fillers be done 2-4 weeks prior to any important events.
- **BRUISING:** If bruising occurs, it will typically resolve within 7-10 days. Bruising is increased by alcohol consumption, or use of aspirin, ibuprofen, Coumadin, or other blood-thinning products. We recommend taking Arnica Montana and Bromelain to decrease bruising and swelling after treatment.
- **ICE PACKS:** May be applied for the first 48 hours to decrease swelling.
- **ALLERGIC REACTIONS:** Are uncommon, but may occur rarely.
- **LUMPINESS AND UNEVENNESS:** Whenever material is injected into the face, some irregularities, lumpiness and unevenness can occur. Gentle massage and the passage of time will almost always eliminate the problem.
- **SWELLING:** The injected area may feel swollen for the first 2-7 days. This will gradually decrease over the first 2 weeks. Try to sleep with your head elevated for the first couple of nights to decrease swelling. Most patients are comfortable returning to work immediately after the treatment or the following day. Some swelling may persist for several months after the initial treatment, but this is usually very mild and barely noticeable.
- **DISCOMFORT:** You can expect to experience some mild discomfort for the first several days.
- **NUMBNESS:** Areas injected with filler or Sculptra Aesthetic will feel numb after the procedure due to the local anesthetic contained in the filler. This normally fades over the first day. The anesthetic can occasionally cause a temporary facial weakness, which is rarely permanent.
- **LIP INJECTIONS:** If fillers are injected into your lips, they may be swollen for the first few days. Drinking through a straw may be difficult at first. Eat soft food for the first few days after the procedure. Keep them lubricated with an ointment such as Vaseline or Aquaphor healing ointment.
- **DURATION OF RESULTS:** This treatment is not permanent, and all injected materials will absorb over time. Results can vary, but should last between two months to two years. Different fillers have different longevity. Often, patients who are very physically active note shorter duration of fillers. For all patients, touch up and maintenance injections are necessary to maintain desired results.



SPECIFIC RISKS – BOTULINUM TOXIN (BOTOX)

- **PAIN, SWELLING & BRUISING:** Minor discomfort at the injection site is common and may persist for a few days following the treatment. A small amount of swelling, bruising, or an allergic reaction can sometimes be seen for several days at the injection site. Patients allergic to eggs should not receive Botox injections, and should opt for a different neuromodulator.
- **MALaise, NAUSEA & HEADACHE:** You may experience these symptoms for a short time following the procedure, much like the flu
- **UNEVENNESS:** Our bodies are not perfectly symmetric and sometimes injections can have a more pronounced effect on one side more than the other.
- **OVER- AND UNDER-TREATMENT:** On occasion, the procedure may not achieve the fully desired effect, and more injections may be needed. Alternatively, on occasion, a muscle is sensitive, and becomes more paralyzed than desired. This can result in a temporary deformity from the loss of action of that muscle. The consequence will depend on the area treated. Some examples are: a droopy corner of the mouth, droopy eyelid, inability to elevate the brow, or difficulty closing the eye. This may cause dryness of the eye, tearing, and light sensitivity.
- **DURATION OF PARALYSIS:** The procedure is designed to render temporary muscle paralysis for 3 months on the average. This may vary by patient, and cannot be predicted. The effect may be substantially shorter or longer for any given individual.
- **ANTIBODIES:** It is possible that your body may form antibodies against Botox, which could make future injections ineffective.
- **PREGNANCY:** It is not known if Botox is safe to the fetus in pregnant women. If you are pregnant or planning to become pregnant, you should not receive Botox injections.
- **NEUROMUSCULAR DISORDERS:** Patients with a neuromuscular disorder of the nerve-muscle junction may be at increased risk of adverse side effects and should discuss this with Dr. Kato prior to considering treatment.
- **UNKNOWN RISKS:** The long-term effects of Botox are unknown. The risks and consequences of accidental intravascular injections of Botox are unknown and not predictable. In the future, additional risks may be discovered.
- **REVISIONS:** Should a complication occur, additional treatments or even surgery may be necessary to correct the problem.
- **ALTERNATIVES:** This is an elective cosmetic procedure. Other options to treatment include: no treatment, injection of collagen, fat, and surgery.
- **COMPLICATIONS:** Occur infrequently. The risks cited are those which occur most commonly, however other complications and risks can occur. The practice of medicine is not an exact science. Although good results are expected, there is no guarantee or warranty expressed or implied on the results that may be obtained.



SPECIFIC RISKS – ABOBOTULINUM TOXIN A (DYSPORT)

- **GENERAL INFO:** The effect of the paralysis generally lasts for 3-4 months. Dysport cannot stop the aging process, but it can temporarily diminish the look of certain types of wrinkles.
- **PAIN, SWELLING & BRUISING:** Minor discomfort at the injection site is common and may persist for a few days following the treatment. A small amount of swelling, bruising, or an allergic reaction can sometimes be seen for several days at the injection site. Patients allergic to cow's milk should not receive Dysport injections, and should opt for a different neuromodulator.
- **MALaise, NAUSEA & HEADACHE:** These symptoms can occur for a short time following the procedure, much like the flu.
- **UNEVENNESS:** Our bodies are not perfectly symmetric and sometimes injections can have a more pronounced effect on one side more than the other.
- **OVER- AND UNDER-TREATMENT:** On occasion, the procedure may not achieve the fully desired effect, and more injections may be needed. Alternatively, on occasion, a muscle is sensitive, and becomes more paralyzed than desired. This can result in a temporary deformity. The consequence will depend on the area treated. Some examples are: a droopy corner of the mouth, droopy eyelid, inability to elevate the brow, or difficulty closing the eye. This may cause dryness of the eye, tearing, and light sensitivity.
- **DURATION OF PARALYSIS:** The procedure is designed to render temporary muscle paralysis for 3 months on the average. This may vary by patient, and cannot be predicted. The effect may be substantially shorter or longer for any given individual.
- **ANTIBODIES:** It is possible that your body may form antibodies against Dysport, which could make future injections ineffective.
- **PREGNANCY:** It is not known if Dysport is safe to the fetus in pregnant women. If you are pregnant or planning to become pregnant, you should not receive Dysport injections.
- **NEUROMUSCULAR DISORDERS:** Patients with a neuromuscular disorder of the nerve-muscle junction may be at increased risk of adverse side effects and should discuss this with Dr. Kato prior to any treatment.
- **REVISIONS:** Should a complication occur, additional treatments or even surgery may be necessary to correct the problem. Rarely, complications cannot be fully corrected.
- **UNKNOWN RISKS:** The long-term effects of Dysport are unknown. The risks and consequences of accidental intravascular injections of Dysport are unknown and not predictable. In the future, additional risks may be discovered.
- **ALTERNATIVES:** This is an elective cosmetic procedure. Other options to treatment include: no treatment, laser treatments, chemical peels, injection of collagen, fat, and surgery.
- **COMPLICATIONS:** Complications occur infrequently. The risks cited are those which occur most commonly, however other complications and risks can occur. The practice of medicine is not an exact science. Although good results are expected, there is no guarantee or warranty expressed or implied on the results that may be obtained.



SPECIFIC RISKS – HYALURONIC ACID FILLERS* AND SCULPTRA AESTHETIC

(*Juvederm, Voluma, Volbella, Vollure, Restylane, etc.)

- **DURATION OF THE RESULTS:** Hyaluronic acid (HA) is a naturally occurring substance in the body. The duration of the results depend on many factors, including patient metabolism and specific filler chosen. The results are not permanent, as the body gradually absorbs the injected material.
- **SWELLING AND BRUISING:** Sensitivity, discomfort, swelling, redness, and infection may occur after the treatment.
- **INFECTION:** Any injection carries a risk of introducing bacteria or other microbes into the body. Although rare, most infections can be treated quickly with antibiotics. If you have a history of herpes simplex virus infections, the injection could produce an eruption, and it is advised to take antiviral medication before and after the injection.
- **DISCOLORATION:** If the needle pierces a blood vessel, bruising can develop. Discoloration is rarely permanent.
- **SCABBING AND SCARRING:** In rare cases, scabs and skin necrosis near the injection site can occur. This is an uncommon complication that could result in scarring.
- **BLINDNESS:** If filler material is accidentally placed into a blood vessel, blindness can occur. This is a very rare complication, and the risk is reduced if filler is placed with a blunt microcannula, rather than a sharp needle.
- **MALAISE, NAUSEA AND HEADACHE:** These symptoms can be experienced for a short time following the procedure, much like the onset of the flu.
- **UNEVENNESS:** Our bodies are not perfectly symmetric, and sometimes the injections can have a more pronounced effect on one area more than another.
- **OVER- AND UNDER-TREATMENT:** Sometimes the correction from the procedure will not achieve the fully desired effect and more injections may be needed. Generally, more syringes are needed with each decade of life. Rarely, too much filler material may be placed. If this occurs, a dissolving enzyme can be injected to correct this.
- **REVISIONS:** Should complications occur, other treatments or even surgery may be necessary. If there is a complication, Dr. Kato will endeavor to correct it.
- **COMPLICATIONS OCCUR INFREQUENTLY.** The risks cited are those that occur most commonly; however other complications and risks can occur. The practice of medicine is not an exact science. Although good results are expected, there is no guarantee or warranty expressed or implied on the results that may be obtained.
- **ALTERNATIVES:** This is a cosmetic procedure. Other options including: no treatment or other methods to remove facial lines and wrinkles are available, such as: lasers, chemical peels, injections of collagen, fat, or surgery.



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CONSENT FOR TREATMENT

The nature and purpose of the treatment has been explained to me and any questions I have regarding the treatment has been answered to my satisfaction.

I understand that medical treatment is not an exact science and the degree of improvement is variable. Occasionally, there is no improvement and another form of treatment may be required.

I understand that the treatment may involve risks of complication or injury from other known and unknown causes and I freely assume these risks. Alternative means of treatment and their risks and benefits have been explained to me and I understand that I have the right to refuse treatment.

No guarantee, warranty or assurance has been made to me as to the results that may be obtained.

I certify that I have read this entire Informed Consent and that I understand and agree to the information provided.

I certify that I am a competent adult of at least 18 years of age, or that if I am a minor under the age of 18, I understand that the consent of my parent/ legal guardian/person having legal custody will also be required before treatment.

I agree to adhere to all safety precautions and regulations during this treatment.

The undersigned medical technician or physician hereby certifies that he/she has discussed with me all of the foregoing matters, including the risks and benefits of the treatment.

Name (Print) _____

Patient Signature: _____ Date: _____

Witness Name (Print) _____

Witness Signature: _____ Date: _____



FACIAL ANATOMIC REPRESENTATION

With respect to facial aesthetics, please highlight those areas of the face that bother or trouble you. In the boxes provided, please rate these areas on a scale of 1 to 5 (1 being least bothersome, 5 being most bothersome).

Feel free to draw on the chart to identify any other facial concerns.

Forehead
 Drooping Eyelids
 Freckles and Pigmentation
 Blood Vessels
 Volume Loss
 Scarring
 Vertical lips lines (Smokers' lines)
 Lips: Definition and/or Fullness

Frown Lines
 Crow's Feet
 Dark Circles
 Acne
 Nose
 Nasolabial Folds (Nose-to-Mouth Lines)
 Oral Commissures (Center-of-the-Mouth Lines)
 Marionette Lines (Mouth-to-Chin Lines)

Larger pores, poor skin texture and fine lines
 Jowls, Neck, Other
 Please list: _____